

Questions Documentation

Questionnaire 3

30th week of gestation

The Norwegian Mother and Child Cohort Study (MoBa)

Mother Questionnaire

| Version | Date | Performed by | Description |
|---------|---------|-----------------|-------------------------|
| 1.0 | 12.2014 | Fufen Jin | Original version |
| 1.1 | 2.2024 | MoBa data /dala | Corrected CC1106-CC1110 |

This document describing the instruments used to construct the questionnaire has not been finally quality controlled. The document may contain some minor inaccuracy and will be subjected to revision. If you have any comments that may improve this document contact mobaadm@fhi.no

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MODEL STRUCTURE OF WHAT IS PRESENTED PER INSTRUMENT / SECTION

Instrument

1. Name of original instrument/question:

Original name of scale (*no name* if only single question)

List wording of questions included in the section (with number from questionnaire in front) and write response categories (with values used in the dataset)

2. Description of original scale or selection of items used

Description of analytical approaches for selecting just a sample of items from a scale

If single question. NOT RELEVANT

If selection of established short version, make referral to literature and/or use

Where does the Q/scale come from, what is it meant to measure. Description of number of items, subscales. Where the Q/scale has been used and any information that give insight into what instrument this is.

Primary references of the instrument as well as important secondary publications if relevant.

3. Rationale for choosing the instrument:

What is it meant to measure and IF RELEVANT: Why this is a good measure.

4. Modifications:

Describe modifications during the study from one version to another.

Write if omitted or added from one version to another

NOTE 1:

Q3 has five versions (A, B, C, D, and E). This instrument documentation is based on version C.

NOTE 2:

Questions to which the answers are written into open text fields are annotated with two variable names. The first indicates whether or not there is text; the second contains the actual text. In the case of medication, there is an additional variable name with a "k" at the end, to indicate how the name of medicine has been coded.

NOTE 3:

Due to the extra questions in version 3E the question numbers are 3 numbers higher from question 29 on in this version. Q29 in 3C=Q32 in 3E, Q30 in 3C=Q33 in 3E, etc.

Antenatal care and health

1-7. Antenatal Check-ups

1. Name of original questions: 7 general questions about antenatal check-ups

| Q | | Response options | Variable name |
|----------|---|-----------------------|---------------|
| 1 | Where have you been to antenatal check-ups? Specify how many times. | | |
| | Public health centre | Number 0-99 | CC12 |
| | No. of times to public health centre | | CC13 |
| | Doctor's surgery | Number 0-99 | CC14 |
| | No. of times to doctor's surgery | | CC15 |
| | Hospital (outpatients) clinic | Number 0-99 | CC16 |
| | No. of times to clinic | | CC17 |
| 2 | Who has examined you each time? Specify how many times. | | |
| | Midwife | Number 0-99 | CC18 |
| | No. of times examined by midwife | | CC19 |
| | General practitioner | Number 0-99 | CC20 |
| | No. of times examined by general practitioner | | CC21 |
| | Gynaecologist | Number 0-99 | CC22 |
| | No. of times examined by gynaecologist | | CC23 |
| | Public health nurse | Number 0-99 | CC24 |
| | No. of times examined by public health nurse | | CC25 |
| 3 | Is your doctor male or female? How many times have you gone to him/her? | | |
| | General practitioner: Female | Number 0-99 | CC26 |
| | No. of times to female general practitioner | | CC27 |
| | General practitioner: Male | Number 0-99 | CC28 |
| | No. of times to male general practitioner | | CC29 |
| | Gynaecologist: Female | Number 0-99 | CC30 |
| | No. of times to female gynaecologist | | CC31 |
| | Gynaecologist: Male | Number 0-99 | CC32 |
| | No. of times to male gynaecologist | | CC33 |
| 4 | If you visit or have visited a gynaecologist or hospital clinic for your antenatal check-ups, what is or was the reason? | | |
| | 1. Referred due to complications during this pregnancy | | CC34 |
| | 2. Referred due to previous illness or complications in previous pregnancies | | CC35 |
| | 3. On your own initiative without a referral | | CC36 |
| | 4. Referred for another reason | | CC37 |
| 5 | Do you agree with the following statements concerning your antenatal check-ups? | | |
| | I have been given sufficient advice and information | 1-Agree completely | CC38 |
| | I have been well taken care of | 2-Agree | CC39 |
| | There was not enough time during the consultations | 3-Agree somewhat | CC40 |
| | I felt secure during these check-ups | 4-Disagree somewhat | CC41 |
| | I have been able to discuss everything I needed to during the check-ups | 5-Disagree completely | CC42 |
| | On the whole, I am satisfied with the way I have been followed up by the health service | | CC43 |
| 6 | Have you contacted a midwife or doctor in addition to your normal check-ups? | | |
| | Midwife | 1-No | CC44 |
| | Doctor | 2-Yes | CC45 |
| 7 | If yes, was it difficult to get an appointment? | | |
| | Midwife | 1-Not difficult | CC46 |
| | Doctor | 2-Somewhat difficult | |
| | | 3-Very difficult | |

2. Description of original questions: MoBa specific single questions

Psychometric Information

Not relevant.

Base References/Primary Citations

Not relevant.

3. Rationale for choosing the questions:

The questions were developed to get information about the place, frequency of, and satisfaction with antenatal check-ups, as well as the maternity team.

4. Revision during the data collection period:

Version A does not include question 3 and item 4 of question 4. No further revisions have been made.



8-17. Antenatal Examinations

1. Name of original questions: 10 questions related to antenatal examinations

| Q | | Response options | Variable name | | | |
|----|--|------------------|---------------------|--------------|-----------------------|-------|
| 8 | Have you had a gynecological examination during your pregnancy (internal examination)? If so, how many times? | | | | | |
| | | 1-No 2-Yes | CC48 | | | |
| | If yes, number of times | Number 0 - 99 | CC49 | | | |
| 9 | How many ultrasound examinations have you had during your pregnancy? | | | | | |
| | External ultrasound examination | Number 0 – 99 | CC50 | | | |
| | Internal ultrasound examination | Number 0 - 99 | CC51 | | | |
| 10 | How many children are you expecting? | | | | | |
| | | Number 0 - 99 | CC52 | | | |
| 11 | Have you been offered an amniocentesis or placenta biopsy? | | | | | |
| | | 1-No 2-Yes | CC53 | | | |
| 12 | If yes, were any tests performed and what were the results? | | | | | |
| | Amniocentesis performed? | | CC54 | | | |
| | Were the results normal? | | CC55 | | | |
| | Placenta biopsy performed? | 1-No 2-Yes | CC56 | | | |
| | Were the results normal? | | CC57 | | | |
| | If the tests were abnormal, describe the findings_____ | | CC58 CC1362(txt) | | | |
| 13 | If an amniocentesis or placenta biopsy was performed, what was the reason? | | | | | |
| | Due to my age (normally 38 or older at the time of delivery) | | CC59 | | | |
| | Previous child with a chromosome disorder | | CC60 | | | |
| | Previous child with neural tube defect (spina bifida) | | CC61 | | | |
| | Epilepsy (medication for epilepsy) | | CC62 | | | |
| | Ultrasound findings | | CC63 | | | |
| | Other | | CC64 | | | |
| 14 | Were there complications during the first 2 weeks following the amniocentesis? | | | | | |
| | | 1-No 2-Yes | CC65 | | | |
| 15 | If yes, what kind of complications? | | | | | |
| | Vaginal bleeding | | CC66 | | | |
| | Leakage of amniotic fluid | | CC67 | | | |
| | Abdominal pain (similar to or stronger than menstrual pains) | | CC68 | | | |
| | Other | | CC69 | | | |
| | Other, describe_____ | | CC70 CC1363(txt) | | | |
| 16 | Have you had an X-ray during pregnancy? | | | | | |
| | | 1-No 2-Yes | CC71 | | | |
| 17 | If yes, what part of your body was X-rayed? How many X-rays were taken and in which week of pregnancy? | | | | | |
| | <i>Week of pregnancy</i> | Teeth | Lungs | Arms or legs | Pelvis/abdo -men/back | Other |
| | 0-12 | CC72 | CC79 | CC86 | CC93 | CC100 |
| | 13-16 | CC73 | CC80 | CC87 | CC94 | CC101 |
| | 17-20 | CC74 | CC81 | CC88 | CC95 | CC102 |
| | 21-24 | CC75 | CC82 | CC89 | CC96 | CC103 |
| | 25-28 | CC76 | CC83 | CC90 | CC97 | CC104 |
| | 29+ | CC77 | CC84 | CC91 | CC98 | CC105 |
| | No. of times | CC78 | CC85 | CC92 | CC99 | CC106 |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

Questions were developed to survey the routine antenatal examinations as well as screen for particular conditions, along with reasons/results/complications of these examinations.

4. Revision during the data collection period:

Question 10 is not included in version A. No further revisions have been made.

18-25. Other Information Related to Antenatal Care

1. Name of original questions: 8 questions about antenatal care

| Q | | Response options | Variable name |
|-----------|--|-------------------------------|---------------------------------|
| 18 | Have you received treatment to prevent a premature birth during this pregnancy? | | |
| | No | | CC107 |
| | Yes, relax or bed-rest | | CC108 |
| | Yes, medication | | CC109 |
| | Which medicine? | | CC110 CC1364(txt) CC1364k |
| 19 | Have you been vaccinated during this pregnancy? | | |
| | | 1-No 2-Yes | CC111 |
| | | If yes, which vaccine? | CC112 CC1365(txt) |
| 20 | Has the midwife or doctor told you that you have or have had high blood pressure during this pregnancy? | | |
| | | 1-No 2-Yes | CC113 |
| 21 | If yes, what was the highest reading during this pregnancy? | | |
| | High | Number 0 - 999 | CC114 |
| | Low | Number 0 - 999 | CC115 |
| | Don't know | | CC116 |
| 22 | Have you had high blood pressure without being pregnant? | | |
| | | 1-No 2-Yes 3-Don't know | CC117 |
| 23 | If yes, what was the highest reading before this pregnancy? | | |
| | High | Number 0 - 999 | CC118 |
| | Low | Number 0 - 999 | CC119 |
| | Don't know | | CC120 |
| 24 | What was your blood percentage/haemoglobin (Hb) value during this pregnancy? | | |
| | Hb value at last antenatal check-up during pregnancy | Number 0,0 – 99,9 | CC124 |
| | Week of pregnancy | Number 0 - 99 | CC125 |
| | Highest Hb value during pregnancy | Number 0,0 – 99,9 | CC126 |
| | Week of pregnancy | Number 0 - 99 | CC127 |
| | Lowest Hb value during pregnancy | Number 0,0 – 99,9 | CC128 |
| | Week of pregnancy | Number 0 - 99 | CC129 |
| | Don't know | | CC130 |
| 25 | How much did you weigh at your last antenatal check-up and when was it? | | |
| | Weight | Number 0,0 – 999,9 | CC131 |
| | Month of antenatal check-up | Number 0 - 99 | CC133 |
| | Year of antenatal check-up | Number 0 - 999 | CC134 |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

Questions were developed to get information about other treatments or screening tests, including vaccination, blood pressure, Hb value and weight.

4. Revision during the data collection period:

Question 20 is not included in version A. No further revisions have been made.

26-27. Hospitalisation during this Pregnancy

1. Name of original questions: Questions about hospitalisation during this pregnancy

| Q | Response options | | Variable name |
|-----------|--|--------------------------------|--|
| 26 | Have you been admitted to the hospital since you became pregnant? | | |
| | 1-No 2-Yes | | CC135 |
| | If yes, which hospital (s)? | | CC136 CC1366(txt) |
| 27 | If yes, why and when were you hospitalised? | | |
| | <i>Illness/health problems</i> | <i>Hospitalised due to...?</i> | <i>In which week of pregnancy were you admitted?</i> |
| | | | 0-4 5-8 9-12 13-16 17-20 21-24 25-28 29+ |
| | Prolonged nausea and vomiting | CC137 | CC138 CC139 CC140 CC141 CC142 CC143 CC144 CC145 |
| | Bleeding | CC146 | CC147 CC148 CC149 CC150 CC151 CC152 CC153 CC154 |
| | Leakage of amniotic fluid | CC155 | CC156 CC157 CC158 CC159 CC160 CC161 CC162 CC163 |
| | Threatening preterm labour | CC164 | CC165 CC166 CC167 CC168 CC169 CC170 CC171 CC172 |
| | High blood pressure | CC173 | CC174 CC175 CC176 CC177 CC178 CC179 CC180 CC181 |
| | (Pre-) Eclampsia | CC182 | CC183 CC184 CC185 CC186 CC187 CC188 CC189 CC190 |
| | Other | CC191 | CC192 CC193 CC194 CC195 CC196 CC197 CC198 CC199 |
| | If other, describe_____ | CC200 | CC1367(txt) |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

Questions were developed to survey the record of hospitalisation during this pregnancy.

4. Revision during the data collection period:

No revisions have been made.

28. Incontinence before and during this Pregnancy

1. Name of original questions: Questions about incontinence before and during this pregnancy

| Q | Response options / Variable name | | |
|-----------|---|--|---|
| 28 | Do you have or have you ever had any of the following? | | |
| | | <i>If yes, how often?</i> 1) 1-4 times a month 2) 1-6 times a week 3) Once a day 4) More than once a day | <i>How much a time?</i> 1-Drops 2-Large amounts |
| | <i>Illness/health problem</i> Before this pregnancy | 1-No 2-Yes | |
| | Incontinence when coughing, sneezing or laughing | CC201 | CC202 |
| | Incontinence during physical activity (running/jumping) | CC204 | CC205 |
| | Incontinence with a strong need to urinate | CC207 | CC208 |
| | Problems with retaining faeces | CC210 | CC211 |
| | Problems with flatulence | CC212 | CC213 |
| | Before this pregnancy | | N/A |
| | Incontinence when coughing, sneezing or laughing | CC214 | CC215 |
| | Incontinence during physical activity (running/jumping) | CC217 | CC218 |
| | Incontinence with a strong need to urinate | CC220 | CC221 |
| | Problems with retaining faeces | CC223 | CC224 |
| | Problems with flatulence | CC225 | CC226 |

In version E, the questions are formulated as below:

| Q | Response options | Variable name |
|-----------|--|---------------|
| 28 | Do you have incontinence when coughing, sneezing, laughing or heavy lifts? | |
| | 1-Yes 2-No | CC1713 |
| 29 | Do you have incontinence with strong and sudden need to urinate? | |
| | 1-Yes 2-No | CC1714 |
| 30 | How often have you had problem? | |
| | 1-Never 2-Less than once a month 3-Once or more a month 4-Once or more a week 5-Every day and/or every night | CC1715 |
| 31 | How much a time? | |
| | 1-Never 2-Drops/small amounts 3-Small dashes 4-Large amount | CC1716 |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

Questions were developed for MoBa to survey the presence of incontinence, problems with retaining faeces and problems with flatulence before and during this pregnancy.

4. Revision during the data collection period:

Version A does not include this section; the questions in version E are formulated differently from those in the other versions (see tables above).

29. Bodily Pain

1. Name of original questions: Questions about bodily pain

| Q | Response options / Variable name | | | | | |
|-----------|---|-------|--|---------------------------------|------------------------------|---------------------------------|
| 29 | Do you have or have you had pain in any of the following parts of your body? Where and when? | | | | | |
| | | | <i>During this pregnancy</i> | <i>During earlier pregnancy</i> | <i>Between pregnancies</i> | <i>Prior to first pregnancy</i> |
| | | No | 1-Mild pain 2-Severe pain | 1-Mild pain 2-Severe pain | 1-Mild pain 2-Severe pain | 1-Mild pain 2-Severe pain |
| | <i>Pain in...?</i> | | | | | |
| | Small of the back | CC227 | CC228 | CC229 | CC230 | CC231 |
| | One of the pelvic/sacroiliac joints at the back | CC232 | CC233 | CC234 | CC235 | CC236 |
| | Both pelvic/sacroiliac joints at the back | CC237 | CC238 | CC239 | CC240 | CC241 |
| | Over the coccygeal bone | CC242 | CC243 | CC244 | CC245 | CC246 |
| | In the buttocks | CC247 | CC248 | CC249 | CC250 | CC251 |
| | Over the pubic bone | CC252 | CC253 | CC254 | CC255 | CC256 |
| | Groin | CC257 | CC258 | CC259 | CC260 | CC261 |
| | Other back pains | CC262 | CC263 | CC264 | CC265 | CC266 |
| 30 | Do you wake up at night due to pelvic pain? | | | | | |
| | | | 1-Yes, frequently 2-Yes, sometimes 3-No, never | | | CC267 |
| 31 | Do you have to use a stick or crutches in order to walk due to pelvic pain? | | | | | |
| | | | 1- No, never 2-Yes, but not every day, the pain varies from day to day 3- Yes, I have to use a stick or crutches every day | | | CC268 |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

Questions were developed for MoBa to survey the presence of bodily pain in different periods of time, along with its frequency and severity.

4. Revision during the data collection period:

The 'No' response column of question 29 is not included in version A. No further revisions have been made.

32-37. Use of Anaesthetic, Dental Problems and Treatments

1. Name of original questions: 8 questions about the use of anaesthetic, dental problems and treatments

| Q | Response options | Variable name |
|-----------|---|---------------|
| 32 | Have you received an anaesthetic in connection with surgery or dental treatment during this pregnancy? | |
| | 1-No 2-Yes | CC269 |
| 33 | If yes, what type of anaesthetic have you had? | |
| | General (full) anaesthetic | CC270 |
| | Spinal anaesthetic (epidural) | CC271 |
| | Local anaesthetic | CC272 |
| | Don't know | CC273 |
| 34 | Have you been to the dentist during this pregnancy? | |
| | 1-No 2-Yes | CC274 |
| 35 | If yes, did the dentist perform any of the following treatments? | |
| | Put in new amalgam fillings (silver fillings) | CC275 |
| | Removed or replaced amalgam fillings | CC276 |
| | Put in new white fillings | CC277 |
| 36 | How many teeth do you have and how many have fillings? | |
| | 1. Total number of teeth | CC278 |
| | 2. Number of teeth with amalgam fillings | CC279 |
| | 3. Number of teeth with other types of fillings | CC280 |
| 37 | At present, do your gums bleed when you brush your teeth? | |
| | 1-No, seldom or never 2-Yes, sometimes 3-Yes, frequently 4-Yes, nearly always | CC281 |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

Questions were developed for MoBa to survey the use of anaesthetic, dental problems and treatments during this pregnancy.

4. Revision during the data collection period:

Version A does not include item 3 of question 36. No further revisions have been made.

38-39. Tattoo or Body Piercing

1. Name of original questions: Questions about tattoo or body piercing

| Q | Response options | Variable name | |
|-----------|---|-----------------------|-----------------------|
| 38 | Have you had a tattoo or body piercing, including extra holes in the ears? (Do not include pierced ears if you have one hole in each ear.) | | |
| | 1-No 2-Yes | CC282 | |
| 39 | If yes, where and when was it done? | Before this pregnancy | During this pregnancy |
| | Tattoo in Norway | CC283 | CC287 |
| | Body piercing in Norway | CC284 | CC288 |
| | Tattoo abroad | CC285 | CC289 |
| | Body piercing abroad | CC286 | CC290 |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

Questions were developed for MoBa to survey the presence of tattoo or body piercing, whether it was done before or during this pregnancy, and whether it was done in Norway or abroad.

4. Revision during the data collection period:

This section is not included in version A. No further revisions have been made.

40-46. Other Treatments

1. Name of original questions: Questions about other treatments

| Q | | Response options | Variable name | |
|-----------|--|------------------|----------------------|----------------------|
| 40 | Have you ever had a blood transfusion? If yes, give the number of transfusions. | | | |
| | No | | CC291 | |
| | Yes, during this pregnancy | | CC292 | |
| | Number of times during this pregnancy | Number 0 - 99 | CC293 | |
| | Yes, before this pregnancy | | CC294 | |
| | Number of times before this pregnancy | Number 0 - 99 | CC295 | |
| 41 | If yes, in which country and which year? (Give the last 2 transfusions.) | | 1 | 2 |
| | Country | | CC296 CC1368(txt) | CC298 CC1369(txt) |
| | Year | Number 0 - 9999 | CC297 | CC299 |
| 42 | Have you ever had breast surgery? | | | |
| | | 1-No 2-Yes | CC300 | |
| 43 | If yes, was it: | | | |
| | Breast enlargement | | CC301 | |
| | Breast reduction | | CC302 | |
| | Cancer/biopsy | | CC303 | |
| | Other | | CC304 | |
| | If other, describe _____ | | CC305 CC1370(txt) | |
| 44 | Have you ever had cervical dysplasia? | | | |
| | | 1-No 2-Yes | CC306 | |
| | Year the dysplasia was detected the first time | Number 0 - 9999 | CC307 | |
| 45 | Have you had an operation on your cervix? | | | |
| | | 1-No 2-Yes | CC308 | |
| | Year of operation | Number 0 - 9999 | CC309 | |
| 46 | Have you ever had a gamma globulin injection? (used to prevent infection of hepatitis A, primarily when travelling abroad.) | | | |
| | | 1-No 2-Yes | CC310 | |
| | If yes, which year? | Number 0 - 9999 | CC311 | |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

Questions were developed for MoBa to survey various other types of treatments the pregnant woman has had, including blood transfusion, breast surgery, and gamma globulin injection.

4. Revision during the data collection period:

Version A does not include response columns 'number of times during this pregnancy' and 'number of times during this pregnancy' in question 40, or sections 44-45. No further revisions have been made.

How have you been recently?

47-51. Vaginal Bleeding after the 13th week of Pregnancy

1. Name of original questions: Questions about vaginal bleeding and uterine contractions

| Q | | Response options | Variable name | |
|----|--|---|---------------|-----------|
| 47 | Have you had one or more episodes of vaginal bleeding after the 13th week of pregnancy? | 1-No 2-Yes | CC315 | |
| 48 | If yes, how much did you bleed, in which week(s) of pregnancy and how many days did the bleeding last? (If you have had more than 2 episodes of bleeding, describe the last 2 only.) | | Episode 1 | Episode 2 |
| | The amount of blood (spotting means a few drops) | 1-Spotting 2-More than spotting 3-Large amounts | CC316 | CC323 |
| | In which week of pregnancy did the bleeding occur? | | | |
| | 13-16 | | CC317 | CC324 |
| | 17-20 | | CC318 | CC325 |
| | 21-24 | | CC319 | CC326 |
| | 25-28 | | CC320 | CC327 |
| | 29+ | | CC321 | CC328 |
| | No. of days bleeding lasted | Number 0 - 99 | CC322 | CC329 |
| | No. of episodes of bleeding if more than 2 | Number 0 - 99 | CC330 | |
| | No. of days of bleeding lasted | Number 0 - 99 | CC331 | |
| 49 | Do you know why you bled? | 1-No 2-Yes | CC332 | |
| 50 | If yes, what was the reason? | | | |
| | The placenta is too low/is in a difficult position/placenta previa | | CC333 | |
| | Premature separation of the placenta/abruptio/ablatio placenta | | CC334 | |
| | Threatening miscarriage/premature birth | | CC335 | |
| | Cervical ulcer, bleeding of the mucous membrane in the vagina | | CC336 | |
| | Following intercourse | | CC337 | |
| | Other reason | | CC338 | |
| 51 | Have you been bothered by uterine contractions? | 1-No 2-Yes, a little 3-Yes, a lot | CC339 | |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

Questions were developed for MoBa to survey the presence of uterine contractions and vaginal bleeding after the 13th week of pregnancy, along with the amount, time, variation and the reasons for bleeding.

4. Revision during the data collection period:

Version A does not include question 47, the response columns 'No. of episodes of bleeding if more than 2' & 'No. of days of bleeding lasted' in question 48. No further revisions have been made.

52. Illness and Health Problems after the 13th week of Pregnancy

1. Name of original questions: Question about illnesses or health problems

| Q | Response options / variable name | | | | | | | | | | | |
|---------------------------------------|---|-------|-------|-------|-------|---------------------------------|---|-------|-------|-------|-------|-------------------|
| 52 | Do you have or have you had any of the following illnesses or problems after the 13th week of pregnancy? If you have used tablets, mixtures, suppositories, inhalers, creams, etc. in connection with the illness or problem, give the name(s) of the medication(s), when and how long you took them. | | | | | | | | | | | |
| Illness/health problems | In which week of pregnancy did you have problems? | | | | | Name of medicine | In which week of pregnancy did you take medication? | | | | | No. of days taken |
| | 13-16 | 17-20 | 21-24 | 25-28 | 29+ | | 13-16 | 17-20 | 21-24 | 25-28 | 29+ | |
| 1. Pelvic girdle pain | CC340 | CC341 | CC342 | CC343 | CC344 | CC345 CC1371(txt) CC1371k | CC346 | CC347 | CC348 | CC349 | CC350 | CC351 |
| 2. Back pains | CC352 | CC353 | CC354 | CC355 | CC356 | CC357 CC1372(txt) CC1372k | CC358 | CC359 | CC360 | CC361 | CC362 | CC363 |
| 3. Other pains in muscles/ joints | CC364 | CC365 | CC366 | CC367 | CC368 | CC369 CC1373(txt) CC1373k | CC370 | CC371 | CC372 | CC373 | CC374 | CC375 |
| 4. Nausea | CC376 | CC377 | CC378 | CC379 | CC380 | CC381 CC1374(txt) CC1374k | CC382 | CC383 | CC384 | CC385 | CC386 | CC387 |
| 5. Long-term nausea and vomiting | CC388 | CC389 | CC390 | CC391 | CC392 | CC393 CC1375(txt) CC1375k | CC394 | CC395 | CC396 | CC397 | CC398 | CC399 |
| 6. Vaginal thrush | CC400 | CC401 | CC402 | CC403 | CC404 | CC405 CC1376(txt) CC1376k | CC406 | CC407 | CC408 | CC409 | CC410 | CC411 |
| 7. Vaginal catarrh, unusual discharge | CC412 | CC413 | CC414 | CC415 | CC416 | CC417 CC1377(txt) CC1377k | CC418 | CC419 | CC420 | CC421 | CC422 | CC423 |
| 8. Pregnancy itch | CC424 | CC425 | CC426 | CC427 | CC428 | CC429 CC1378(txt) CC1378k | CC430 | CC431 | CC432 | CC433 | CC434 | CC435 |
| 9. Constipation | CC436 | CC437 | CC438 | CC439 | CC440 | CC441 CC1379(txt) CC1379k | CC442 | CC443 | CC444 | CC445 | CC446 | CC447 |
| 10. Diarrhoea /gastric flu | CC448 | CC449 | CC450 | CC451 | CC452 | CC453 CC1380(txt) CC1380k | CC454 | CC455 | CC456 | CC457 | CC458 | CC459 |
| 11. Unusual fatigue/drowsiness | CC460 | CC461 | CC462 | CC463 | CC464 | CC465 CC1381(txt) CC1381k | CC466 | CC467 | CC468 | CC469 | CC470 | CC471 |
| 12. Heartburn | CC472 | CC473 | CC474 | CC475 | CC476 | CC477 CC1382(txt) CC1382k | CC478 | CC479 | CC480 | CC481 | CC482 | CC483 |
| 13. Swelling of the body(oedema) | CC484 | CC485 | CC486 | CC487 | CC488 | CC489 CC1383(txt) CC1383k | CC490 | CC491 | CC492 | CC493 | CC494 | CC495 |
| 14. Common cold | CC496 | CC497 | CC498 | CC499 | CC500 | CC501 CC1384(txt) CC1384k | CC502 | CC503 | CC504 | CC505 | CC506 | CC507 |
| 15. Throat infection | CC508 | CC509 | CC510 | CC511 | CC512 | CC513 CC1385(txt) CC1385k | CC514 | CC515 | CC516 | CC517 | CC518 | CC519 |
| 16. Sinusitis/ ear infection | CC520 | CC521 | CC522 | CC523 | CC524 | CC525 CC1386(txt) CC1386k | CC526 | CC527 | CC528 | CC529 | CC530 | CC531 |
| 17. Influenza | CC532 | CC533 | CC534 | CC535 | CC536 | CC537 CC1387(txt) CC1387k | CC538 | CC539 | CC540 | CC541 | CC542 | CC543 |
| 18. Pneumonia /bronchitis | CC544 | CC545 | CC546 | CC547 | CC548 | CC549 CC1388(txt) CC1388k | CC550 | CC551 | CC552 | CC553 | CC554 | CC555 |
| 19. Other cough | CC556 | CC557 | CC558 | CC559 | CC560 | CC561 CC1389(txt) CC1389k | CC562 | CC563 | CC564 | CC565 | CC566 | CC567 |
| 20. Sugar in urine | CC568 | CC569 | CC570 | CC571 | CC572 | CC573 CC1390(txt) CC1390k | CC574 | CC575 | CC576 | CC577 | CC578 | CC579 |
| 21. Protein in urine | CC580 | CC581 | CC582 | CC583 | CC584 | CC585 CC1391(txt) CC1391k | CC586 | CC587 | CC588 | CC589 | CC590 | CC591 |

52. Illness and Health Problems after the 13th week of Pregnancy (cont.)

1. Name of original questions: Question about illnesses or health problems

| Q | Response options & variable name | | | | | | | | | | | |
|----------------------------------|---|-------|-------|-------|-------|---------------------------------|---|-------|-------|-------|-------|-------------------|
| 5 2 | Do you have or have you had any of the following illnesses or problems after the 13th week of pregnancy? If you have used tablets, mixtures, suppositories, inhalers, creams, etc. in connection with the illness or problem, give the name(s) of the medication(s), when and how long you took them. | | | | | | | | | | | |
| Illness/health problems | In which week of pregnancy did you have problems? | | | | | Name of medicine | In which week of pregnancy did you take medication? | | | | | No. of days taken |
| | 13-16 | 17-20 | 21-24 | 25-28 | 29+ | | 13-16 | 17-20 | 21-24 | 25-28 | 29+ | |
| 22. Bladder infection/cystitis | CC592 | CC593 | CC594 | CC595 | CC596 | CC597 CC1392(txt) CC1392k | CC598 | CC599 | CC600 | CC601 | CC602 | CC603 |
| 23. Incontinence | CC604 | CC605 | CC606 | CC607 | CC608 | CC609 CC1393(txt) CC1393k | CC610 | CC611 | CC612 | CC613 | CC614 | CC615 |
| 24. High blood pressure | CC616 | CC617 | CC618 | CC619 | CC620 | CC621 CC1394(txt) CC1394k | CC622 | CC623 | CC624 | CC625 | CC626 | CC627 |
| 25. Leg cramps | CC628 | CC629 | CC630 | CC631 | CC632 | CC633 CC1395(txt) CC1395k | CC634 | CC635 | CC636 | CC637 | CC638 | CC639 |
| 26. Asthma | CC640 | CC641 | CC642 | CC643 | CC644 | CC645 CC1396(txt) CC1396k | CC646 | CC647 | CC648 | CC649 | CC650 | CC651 |
| 27. Hay fever/ other allergy | CC652 | CC653 | CC654 | CC655 | CC656 | CC657 CC1397(txt) CC1397k | CC658 | CC659 | CC660 | CC661 | CC662 | CC663 |
| 28. Headache/ migraine | CC664 | CC665 | CC666 | CC667 | CC668 | CC669 CC1398(txt) CC1398k | CC670 | CC671 | CC672 | CC673 | CC674 | CC675 |
| 29. Depression | CC676 | CC677 | CC678 | CC679 | CC680 | CC681 CC1399(txt) CC1399k | CC682 | CC683 | CC684 | CC685 | CC686 | CC687 |
| 30. Other psychological problems | CC688 | CC689 | CC690 | CC691 | CC692 | CC693 CC1400(txt) CC1400k | CC694 | CC695 | CC696 | CC697 | CC698 | CC699 |
| 31. Other | CC700 | CC701 | CC702 | CC703 | CC704 | CC705 CC1401(txt) CC1401k | CC706 | CC707 | CC708 | CC709 | CC710 | CC711 |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

Questions were developed for MoBa to survey the presence of illness and health problems after the 13th week of pregnancy. The list covers both common public health issues as well as rare illnesses.

4. Revision during the data collection period:

Item 31 'other' is not included in version A. No further revisions have been made.

53. Fever during Pregnancy

1. Name of original questions: Questions about fever, temperature and medication taken

| Q | | Response options | Variable name | | |
|----|--|------------------|---------------------------------|---------------------------------|---------------------------------|
| 53 | If you have had a fever once or more since the 13th week of pregnancy, indicate in which week of pregnancy, name of any medication taken to reduce the fever and the highest temperature measured. (If more than 3 times, indicate the last 3.) | | | | |
| | <i>In which week of pregnancy did you have a fever?</i> | | <i>1st time</i> | <i>2nd time</i> | <i>3rd time</i> |
| | 13-16 | | CC712 | CC720 | CC728 |
| | 17-20 | | CC713 | CC721 | CC729 |
| | 21-24 | | CC714 | CC722 | CC730 |
| | 25-28 | | CC715 | CC723 | CC731 |
| | 29+ | | CC716 | CC724 | CC732 |
| | Medication taken to lower the fever | | CC717 CC1402(txt) CC1402k | CC725 CC1403(txt) CC1403k | CC733 CC1404(txt) CC1404k |
| | Highest recorded temperature (e.g. 38.9° C) Temperature not taken | Number 0 – 99,9 | CC718 CC719 | CC726 CC727 | CC734 CC735 |
| | Fever more than 3 times | | CC736 | | |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

Questions were developed for MoBa to survey the occurrences of fever and the use of medication after the 13th week of pregnancy.

4. Revision during the data collection period:

No revisions have been made.

54-56. Other Medication and Involvement of an Accident

1. Name of original questions: Question about the use of other medication and involvement of accident

| Q | Response options | Variable name | | | |
|---|--|---------------------------------|---------------------------------|---------------------------------|---------------------------------|
| 54 | Have you taken other medication after the 13th week of pregnancy not previously mentioned, for example, sleeping tablets or sedatives? Give the name, when and how many days altogether the medication was taken for. | | | | |
| | | <i>Medicine 1</i> | <i>Medicine 2</i> | <i>Medicine 3</i> | <i>Medicine 4</i> |
| Name of medication | | CC740 CC1405(txt) CC1405k | CC747 CC1406(txt) CC1406k | CC754 CC1407(txt) CC1407k | CC761 CC1408(txt) CC1408k |
| <i>Use of medication in week of pregnancy</i> | | | | | |
| 13-16 | | CC741 | CC748 | CC755 | CC762 |
| 17-20 | | CC742 | CC749 | CC756 | CC763 |
| 21-24 | | CC743 | CC750 | CC757 | CC764 |
| 25-28 | | CC744 | CC751 | CC758 | CC765 |
| 29+ | | CC745 | CC752 | CC759 | CC766 |
| Number of days taken | | CC746 | CC753 | CC760 | CC767 |
| 55 | During this pregnancy have you been involved in an accident or been injured (e.g. traffic accident, fall, hit in the stomach)? | | | | |
| | 1-No 2-Yes | CC768 | | | |
| 56 | If yes, in which week of pregnancy? | | | | |
| | Number 0 - 999 | CC769 | | | |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

Questions were developed for MoBa to survey the use of other medication and involvement of any accident after the 13th week of pregnancy.

4. Revision during the data collection period:

No revisions have been made.

Vitamins, minerals, and dietary supplements

57-60. Vitamins and Supplements

1. Name of original questions: Question about intake of dietary supplements

| Q | Response options & variable name | | | | | | |
|----|--|---|-------|-------|-------|--|-------------|
| 57 | Have you taken vitamins, minerals or other nutritional supplements after the 13th week of pregnancy? | | | | | | |
| | 1-No 2-Yes | | | | | CC770 | |
| 58 | Fill in the table below for the vitamins and minerals found on the vitamin package/bottle. Fill in when and approximately how often you have taken them. | | | | | | |
| | | <i>Week of pregnancy supplement taken</i> | | | | <i>How often?</i> | |
| | | 13-16 | 17-20 | 21-24 | 25-28 | 29+ | |
| | | | | | | 1) Daily 2) 4-6 times a week 3) 1-3 times a week | |
| | 1. Folate/folic acid | CC771 | CC772 | CC773 | CC774 | CC775 | CC776 |
| | 2. Vitamin B1 (Thiamine) | CC777 | CC778 | CC779 | CC780 | CC781 | CC782 |
| | 3. Vitamin B2 (Riboflavin) | CC783 | CC784 | CC785 | CC786 | CC787 | CC788 |
| | 4. Vitamin B6 (Pyridoxine) | CC789 | CC790 | CC791 | CC792 | CC793 | CC794 |
| | 5. Vitamin B12 | CC795 | CC796 | CC797 | CC798 | CC799 | CC800 |
| | 6. Niacin | CC801 | CC802 | CC803 | CC804 | CC805 | CC806 |
| | 7. Pantothenic acid | CC807 | CC808 | CC809 | CC810 | CC811 | CC812 |
| | 8. Biotin | CC813 | CC814 | CC815 | CC816 | CC817 | CC818 |
| | 9. Vitamin C | CC819 | CC820 | CC821 | CC822 | CC823 | CC824 |
| | 10. Vitamin A | CC825 | CC826 | CC827 | CC828 | CC829 | CC830 |
| | 11. Vitamin D | CC831 | CC832 | CC833 | CC834 | CC835 | CC836 |
| | 12. Vitamin E | CC837 | CC838 | CC839 | CC840 | CC841 | CC842 |
| | 13. Iron | CC843 | CC844 | CC845 | CC846 | CC847 | CC848 |
| | 14. Calcium | CC849 | CC850 | CC851 | CC852 | CC853 | CC854 |
| | 15. Iodine | CC855 | CC856 | CC857 | CC858 | CC859 | CC860 |
| | 16. Zinc | CC861 | CC862 | CC863 | CC864 | CC865 | CC866 |
| | 17. Selenium | CC867 | CC868 | CC869 | CC870 | CC871 | CC872 |
| | 18. Copper | CC873 | CC874 | CC875 | CC876 | CC877 | CC878 |
| | 19. Chromium | CC879 | CC880 | CC881 | CC882 | CC883 | CC884 |
| | 20. Magnesium | CC885 | CC886 | CC887 | CC888 | CC889 | CC890 |
| | 21. Cod liver oil | CC891 | CC892 | CC893 | CC894 | CC895 | CC896 |
| | 22. Omega -3 fatty acid | CC897 | CC898 | CC899 | CC900 | CC901 | CC902 |
| 59 | Give the complete name(s) of all the vitamins and nutritional supplements you take. Include also herbal remedies and diet products. | | | | | | |
| | (1) | | | | | CC903 | CC1409(txt) |
| | (2) | | | | | CC904 | CC1410(txt) |
| | (3) | | | | | CC905 | CC1411(txt) |
| | (4) | | | | | CC906 | CC1412(txt) |
| | (5) | | | | | CC907 | CC1413(txt) |
| 60 | If you take multivitamins (with or without minerals), do these contain folate/folic acid? | | | | | | |
| | 1-No 2-Yes 3-Don't know | | | | | CC908 | |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

The use of medication, vitamins, and supplements is considered an important proxy for possible disease, and is relevant to consider effects and prevalence of use.

4. Revision during the data collection period:

Version A does not include questions 52, 60, items 2, 6, 8, 15-16, 18-20 & 22 of question 58. No further revisions have been made.

Work

61-68. Work Situation after the 13th Week of Pregnancy

1. Name of original questions: 8 question about work situations

| Q | Response options | Variable name |
|-----------|---|-----------------------------------|
| 61 | Have you been in paid employment during this pregnancy? | |
| | 1-No 2-Yes | CC909 |
| 62 | Do you have the same job conditions now after the 13th week of pregnancy that you described in the first questionnaire? | |
| | 1-No 2-Yes | CC910 |
| 63 | If no, in which week of your pregnancy did your work situation change? | |
| | Number 0 – 99 | CC911 |
| 64 | How has your work situation changed? | |
| | 1-I have stopped working 2-I have gone over to a part-time position 3-Other | CC912 |
| 65 | If you have stopped working, why did you stop? | |
| | 1-I handed in my notice 2-The work was temporary (seasonal, short-term contract) 3-I was fired 4- Other | CC913 |
| 66 | Have your working arrangements been changed during this pregnancy making your job more suitable for you now that you are pregnant? | |
| | 1-No 2-Yes | CC914 |
| 67 | If no, why have your working conditions not been changed to make them more suitable for you? | |
| | 1-Not necessary 2-Impossible or nearly impossible 3-I have asked for changes but no changes have been made 4-It is difficult to ask 5-None of the above If none of the above, explain why_____ | CC915 CC916 CC1414(txt) |
| 68 | What are your working hours? | |
| | Permanent day work | CC917 |
| | Permanent afternoon or evening work | CC918 |
| | Permanent night work | CC919 |
| | Shift work (day and night) or shift rotations | CC920 |
| | No set times (extra work, extra shifts, temporary employment, etc.) | CC921 |
| | Other | CC922 |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

These questions were developed to survey the work situations and change of work situations of the pregnant women after the 13th week of pregnancy, along with reasons why the work situations were changed or not changed.

4. Revision during the data collection period:

Version A does not include questions 63, 64 & 68. No further revisions have been made.

69-71. Strains and Exposure to Radiation at Work

1. Name of original questions: Questions about job strains and exposure to radiation at work

| Q | | Response options | Variable name |
|----|--|--|---------------|
| 69 | Indicate the appropriate answer for each of the following questions concerning your present work situation. | | |
| | 1. Do you sometimes have so much to do that your work situation becomes taxing? | 1-Yes, daily more than half of the working hours 2-Yes, daily less than half of the working hours 3-Yes, periodically but not daily 4-Seldom or never | CC923 |
| | 2. Do you have to turn and bend many times in the course of an hour? | | CC924 |
| | 3. Do you work with your hands above shoulder level or higher? | | CC925 |
| | 4. Do you work walking or standing? | | CC926 |
| | 5. Can you choose to work a little faster some days and a little slower on other days? | | CC927 |
| | 6. Are you subjected to a lot of uncomfortable background noise? | | CC928 |
| | 7. Are you subjected to a lot of background noise that makes you have to raise your voice when talking to others, even at a distance of one metre? | | CC929 |
| 70 | How often have you worked with a radio transmitter or radar after the 13th week of pregnancy? | | |
| | | 1-Seldom or never 2-A few times a week 3-Daily 4- On average, more than 1 hour a day | CC933 |
| 71 | How often have you worked with X-ray equipment (at a distance of less than 2 metres) after the 13th week of pregnancy? | | |
| | | 1-Seldom or never 2-A few times a week 3-Daily 4- On average, more than 1 hour a day | CC934 |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

This is a measurement of strains and exposure to radiation at work. Excessive job strains and exposure to radiation are health concerns for both pregnant women and unborn babies.

4. Revision during the data collection period:

The response option 4 'Seldom or never' of question 69 is not included in version B. Questions 70 and 71 are not included in version A. No further revisions have been made.

72-78. Sick Leave after the 13th week of Pregnancy

1. Name of original questions: Questions about sick leave after the 13th week of pregnancy

| Q | Response options | | Variable name | | | | | | |
|----|--|---|---|--------------------|---------------------|-------|-------|-------|-------|
| 72 | Have you been absent from your normal job for more than two weeks after the 13th week of pregnancy? | | | | | | | | |
| | | 1-No 2-Yes, part time 3-Yes | CC935 | | | | | | |
| 73 | Are you absent from regular work at the present time? | | | | | | | | |
| | | 1-No 2-Yes, part time 3-Yes | CC936 | | | | | | |
| 74 | If yes, why are you currently absent from work? | | | | | | | | |
| | | 1-Sick leave (with sick compensation pay) 2-Absent due to sick child 3-Mde redundant with compensation 4-Absent with maternity allowance due to the working environment 5-Started maternity leave (with allowance) 6-Service leave 7-Other If other, describe_____ | CC937 CC938 CC1415(txt) | | | | | | |
| 75 | Complete the table below if you were on sick leave (full or part time) after the 13th week of pregnancy. Fill in the reason (e.g. pelvic girdle pain, pneumonia), which weeks you were on sick leave, the number of days and the percentage of time each period of sick leave represents. (Give one reason for sick leave per line.) | | | | | | | | |
| | | <i>Reason for sick leave</i> | <i>Sick leave during week of pregnancy</i> | <i>No. of days</i> | <i>% sick leave</i> | | | | |
| | | | 13-16 | 17-20 | 21-24 | 25-28 | 29+ | | |
| | Sick leave No.1 | CC939 CC1416(txt) | CC940 | CC941 | CC942 | CC943 | CC944 | CC945 | CC946 |
| | Sick leave No.2 | CC947 CC1417(txt) | CC948 | CC949 | CC950 | CC951 | CC952 | CC953 | CC954 |
| | Sick leave No.3 | CC955 CC1418(txt) | CC956 | CC957 | CC958 | CC959 | CC960 | CC961 | CC962 |
| | Sick leave No.4 | CC963 CC1419(txt) | CC964 | CC965 | CC966 | CC967 | CC968 | CC969 | CC970 |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

Questions were developed to survey the woman's sick leave after 13th week of pregnancy.

4. Revision during the data collection period:

Version A does not include questions 72 and 73, the response columns 'number of days' or '% of sick leave' in question 75. No further revisions have been made.

Habits

79-83. Exposure to Radiation and Noise

1. Name of original questions: 5 questions about exposure to radiation and noise

| Q | | Response options | Variable name |
|----|---|---|---------------|
| 79 | How often do you talk on a mobile phone? | | |
| | | 1-Seldom/never 2-A few times a week 3-Daily 4-On average, more than 1 hour a day | CC977 |
| 80 | Do you talk on your mobile phone for longer than 15 minutes at a time? | | |
| | | 1-Never 2-Seldom 3-Frequently | CC978 |
| 81 | How frequently have you worked with a computer monitor, laser printer or photocopy machine (at a distance of less than 2 metres) after the 13th week of pregnancy? | | |
| | Computer monitor | 1-Seldom/never | CC979 |
| | Laser printer | 2-A few times a week | CC980 |
| | Photocopy machine | 3-Daily | CC981 |
| | | 4-On average, more than 1 hour a day | |
| 82 | Do you live close to high-voltage power lines? | | |
| | | 1-No 2-Yes, closer than 50 meters 3-Yes, between 50-100 meters 4-Yes, more than 100 meters | CC982 |
| 83 | How often have you been to a discotheque since you answered the previous questionnaire? | | |
| | | 1-Never 2-At least 1-2 times a week 3-Less often | CC983 |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

This is a measure of pregnant women's exposure to radiation from mobile, computer monitor, etc., which can be a risk factor for unborn babies.

4. Revision during the data collection period:

Question 81 is not included in version A. No further revisions have been made.

84-86. Physical Activity

1. Name of original questions: Questions about physical activities

| Q | | Response options | Variable name |
|-----------|--|---|---------------|
| 84 | How often do you usually exercise at present? | | |
| | 1. Walking | 1) Never 2) 1-3 times a month 3) Once a week 4) Twice a week 5) 3 times or more a week | CC984 |
| | 2. Brisk walking | | CC985 |
| | 3. Running/jogging/orienteering | | CC986 |
| | 4. Bicycling | | CC987 |
| | 5. Training studio/weight training | | CC988 |
| | 6. Special gymnastics/aerobics for pregnant women | | CC989 |
| | 7. Aerobics/gymnastics/dance without running and jumping | | CC990 |
| | 8. Aerobics/gymnastics with running and jumping | | CC991 |
| | 9. Dancing (swing/rock/folk) | | CC992 |
| | 10. Skiing | | CC993 |
| | 11. Ball sports | | CC994 |
| | 12. Swimming | | CC995 |
| | 13. Riding | | CC996 |
| | 14. Other | | CC997 |
| 85 | How often do you do exercises at home or at a gym for the following groups of muscles? | | |
| | Abdominal muscles | 1) Never 2) 1-3 times a month 3) Once a week 4) Twice a week 5) 3 times or more a week | CC998 |
| | Back muscles | | CC999 |
| | Pelvic floor muscles (muscles around the vagina, urethra, anus) | | CC1000 |
| 86 | How often at the moment are you so physically active in your spare time and/or at work that you get out of breath or sweat? | | |
| | Spare time | 1) Never 2) Less than once a week 3) Once a week 4) Twice a week 5) 3-4 times or more a week 6) 5 times a week or more | CC1001 |
| | At work | | CC1002 |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

The questions were developed for MoBa to survey pregnant women's physical activities.

4. Revision during the data collection period:

This section is not included in version A. No further revisions have been made.

87-91. Trips abroad and Exposure to Animals

1. Name of original questions: 5 questions about trips abroad and exposure to animals

| Q | | Response options | Variable name | | |
|----|---|--|-----------------------|-----------------------|-----------------------|
| 87 | How often on average have you had sexual intercourse during the last month? | | | | |
| | | 1) Daily 2) 5-6 times a day 3) 3-4 times a day 4) 1-2 times a week 5) Less frequently 6) 5 or more times a week | CC1003 | | |
| 88 | Have you been abroad during the last year? | | | | |
| | | 1-No 2-Yes | CC1004 | | |
| 89 | If yes, which countries did you visit and when? | | | | |
| | | | Country 1 | Country 2 | Country 3 |
| | Country | | CC1005 CC1420(txt) | CC1008 CC1421(txt) | CC1011 CC1422(txt) |
| | Month | Number 0-99 | CC1006 | CC1009 | CC1012 |
| | Year | Number 0-9999 | CC1007 | CC1010 | CC1013 |
| 90 | Have you been abroad during the last year? | | | | |
| | | 1-No 2-Yes | CC1014 | | |
| 91 | If yes, what sort of animals and how often are you in contact with them on a weekly basis? | | | | |
| | 1. Dog | | CC1018 | | |
| | 2. Cat | | CC1019 | | |
| | 3. Guinea pig/hamster/rabbit/ rat, etc. | | CC1020 | | |
| | 4. Canary or other caged birds | 1) Daily | CC1021 | | |
| | 5. Hens and other poultry | 2) 3-6 times a week | CC1022 | | |
| | 6. Cow/sheep/goat | 3) 1-2 times a week | CC1023 | | |
| | 7. Horse | 4) Less often | CC1024 | | |
| | 8. Pig | | CC1025 | | |
| | 9. Other | | CC1026 | | |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

These questions were developed to survey pregnant women's trips abroad and exposure to animals, which can be a risk factor for unborn babies.

4. Revision during the data collection period:

No revisions have been made.

92-96. Sleep, Sauna, and Solarium

1. Name of original questions: Questions about sleep, sauna and solarium

| Q | | Response options | Variable name |
|----|--|--|---------------|
| 92 | How many hours a day do you usually sleep now when you are pregnant? | 1) Over 10 hours 2) 8-9 hours 3) 6-7 hours 4) 4-5 hours 5) Less than 4 hours | CC1027 |
| 93 | Do you currently sleep on a waterbed or use an electric blanket? | | |
| | Waterbed | 1-No | CC1028 |
| | Electric blanket | 2-Yes | CC1029 |
| 94 | Can you rest during the day (both at home and at work)? | 1-No 2-Yes | CC1030 |
| 95 | Have you been in a sauna while you have been pregnant? | 1) No 2) 1-5 times 3) 6-10 times 4) More than 10 times | CC1031 |
| 96 | Have you been in a solarium while you have been pregnant? | 1) No 2) 1-5 times 3) 6-10 times 4) More than 10 times | CC1032 |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

These questions were developed to survey the presence of sleeping problem and the use of sauna and solarium during pregnancy.

4. Revision during the data collection period:

Question 92 is not included in version A. No further revisions have been made.

97-102. Smoking

1. Name of original questions: Questions about intake of nicotine

| Q | | Response options | Variable name | | | | | | |
|------------|---|--|---------------|-------------------------|--------|--------|--------|--------|--------|
| 97 | Are you exposed to passive smoking either at home or at work? If yes, how many hours a day? | | | | | | | | |
| | | | 1-No | If yes, number of hours | | | | | |
| | Home | | 2-Yes | | | | | | |
| | Work | | CC1033 | CC1034 | | | | | |
| | | | CC1035 | CC1036 | | | | | |
| 98 | Do you smoke at present? If yes, how many cigarettes? | | | | | | | | |
| | | 1-No | CC1037 | | | | | | |
| | | 2-Sometimes | | | | | | | |
| | | 3-Daily | | | | | | | |
| | If sometimes, how many per week? | Number 0-99 | CC1038 | | | | | | |
| | If daily, how many per day? | Number 0-99 | CC1039 | | | | | | |
| 99 | Does the baby's father smoke at present? If yes, how many cigarettes? | | | | | | | | |
| | | 1-No | CC1040 | | | | | | |
| | | 2-Sometimes | | | | | | | |
| | | 3-Daily | | | | | | | |
| | If sometimes, how many per week? | Number 0-99 | CC1041 | | | | | | |
| | If daily, how many per day? | Number 0-99 | CC1042 | | | | | | |
| 100 | If one or both of you have stopped smoking during the pregnancy, in which week of pregnancy did you stop? | | | | | | | | |
| | You | | CC1043 | | | | | | |
| | _____ week of pregnancy | Number 0-99 | CC1044 | | | | | | |
| | Baby's father | | CC1045 | | | | | | |
| | _____ week of pregnancy | Number 0-99 | CC1046 | | | | | | |
| 101 | If you or the baby's father has smoked during the pregnancy, were there periods during which you or the baby's father did not smoke? | | | | | | | | |
| | | <i>Week of pregnancy without smoking</i> | | | | | | | |
| | | 0-4 | 5-8 | 9-12 | 13-16 | 17-20 | 21-24 | 25-28 | 29+ |
| | You | CC1047 | CC1048 | CC1049 | CC1050 | CC1051 | CC1052 | CC1053 | CC1054 |
| | Baby's father | CC1055 | CC1056 | CC1057 | CC1058 | CC1059 | CC1060 | CC1061 | CC1062 |
| 102 | Have you used other forms of nicotine after the 13th week of pregnancy? | | | | | | | | |
| | Nicotine chewing gum | | CC1063 | | | | | | |
| | Nicotine patches | 1-No | CC1064 | | | | | | |
| | Nicotine inhaler | 2-Yes | CC1065 | | | | | | |
| | Chewing tobacco/snuff | | CC1066 | | | | | | |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

This is a measure of pregnant women's intake of nicotine through smoking and passive smoking.

4. Revision during the data collection period:

Question 102 is not included in version A. No further revisions have been made.

103-104. Illegal Drugs and other Substances

1. Name of original questions: Questions about intake of illegal drugs and other substances

| Q | | Response options | Variable name |
|-----|--|---|---------------|
| 103 | Have you used any of the following substances after the 13th week of pregnancy? | | |
| | Hash | 1-No 2-Yes | CC1067 |
| | Amphetamine | | CC1068 |
| | Ecstasy | | CC1069 |
| | Cocaine | | CC1070 |
| | Heroin | | CC1071 |
| 103 | Have you ever used any of the following substances? | | |
| | Anabolic steroids | 1-No 2-Previously 3-Last 6 months before pregnancy 4-During this pregnancy | CC1072 |
| | Testosterone products | | CC1073 |
| | Growth hormones (e.g. genotropin/somatropin) | | CC1074 |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

This is a measure of pregnant women's intake of illegal drugs and other substances that may harm the unborn baby and the mother.

4. Revision during the data collection period:

Question 103 is not included in version A. No further revisions have been made.

Food and drink

105-107. Food

1. Name of original questions: Questions about food

| Q | | Response options | Variable name | |
|------------|--|---|----------------------|----------------------|
| 105 | How often do you eat the following foods? | | Before the pregnancy | During the pregnancy |
| | 1. Crabs | 1) Never 2) A few times a year 3) 1-3 times a month 4) Once a week or more | CC1075 | CC1076 |
| | 2. Shrimps | | CC1077 | CC1078 |
| | 3. Shellfish (e.g. mussels, oysters) | | CC1079 | CC1080 |
| | 4. Fish liver | | CC1081 | CC1082 |
| | 5. Tuna fish or halibut | | CC1083 | CC1084 |
| | 6. Flounder/other flat fish | | CC1085 | CC1086 |
| | 7. Pike or perch | | CC1087 | CC1088 |
| | 8. Other fresh water fish | | CC1089 | CC1090 |
| | 9. Reindeer meat | | CC1091 | CC1092 |
| | 10. Mutton | | CC1093 | CC1094 |
| | 11. Liver or kidney from game | | CC1095 | CC1096 |
| | 12. Wild mushroom | | CC1097 | CC1098 |
| 106 | How often do you eat the following types of food? | | | |
| | Food from restaurant/street vendors/canteen or the like | 1) Never 2) A few times a year 3) 1-3 times a month 4) Once a week or more | CC1099 | |
| | Meat (not including tinned) bought in other countries | | CC1100 | |
| | Meat (including poultry) that is raw or undercooked (pink near the bone) | | CC1101 | |
| | Raw minced meat/meat mixtures (even to taste) | | CC1102 | |
| | Smoked or cured salmon or trout (uncooked) | | CC1103 | |
| | Soft cheeses (e.g. cream cheese, camembert, blue cheese, etc.) | | CC1104 | |
| | Unwashed raw vegetables, unwashed fruit | | CC1105 | |
| 107 | Do you avoid eating the following foods during this pregnancy? | | | |
| | Fish | 1-No 2-Yes | CC1106 | |
| | Eggs | | CC1107 | |
| | Nuts | | CC1108 | |
| | Oranges, lemons | | CC1109 | |
| | Strawberries | | CC1110 | |
| | Other, specify_____ | | CC1423(txt) | |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

This is a measure of pregnant women's intake of food and nutrition.

4. Revision during the data collection period:

Questions 105 and 107 are not included in version A. No further revisions have been made.

108-110. Drinking Soda, Coffee, Juice or Milk

1. Name of original questions: Questions about beverage consumption

| Q | Response options | Variable name |
|------------|--|--|
| 108 | What type of drinking water do you have where you live? | |
| | 1-Own water source (e.g. well) 2-Water company (public or private) 3-Other source | CC1112 |
| | Name of water company | CC1113 CC1424(txt) |
| | Don't know the name of the water company | CC1114 |
| 109 | Is your water treated (chlorinated or UV-radiated)? | |
| | No | CC1115 |
| | Yes, UV radiation | CC1116 |
| | Yes, chlorinated | CC1117 |
| | Don't know | CC1118 |
| 110 | What was your fluid consumption (number of cups/glasses) per day after the 13th week of pregnancy? | |
| | | <i>No. of cups /glasses</i> <i>Decaffeinated?</i> |
| | 1. Filter coffee | CC1119 CC1120 |
| | 2. Instant coffee | CC1121 CC1122 |
| | 3. Boiled coffee | CC1123 CC1124 |
| | 4. Other coffee | CC1125 CC1126 |
| | 5. Tea | CC1127 CC1128 |
| | 6. Coca Cola/Pepsi, etc. | CC1129 CC1130 |
| | 7. Other fizzy drinks | CC1131 CC1132 |
| | 8. Diet Coca Cola, Pepsi | CC1133 CC1134 |
| | 9. Other diet fizzy drinks | CC1135 CC1136 |
| | 10. Tap water | CC1137 N/A |
| | 11. Bottled water | CC1138 |
| | | <i>No. of cups /glasses</i> <i>Organic?</i> |
| | 12. Juice/squash | CC1142 CC1143 |
| | 13. Diet juice/squash | CC1144 CC1145 |
| | 14. Milk (skimmed, low fat, whole) | CC1146 CC1147 |
| | 15. Yogurt, all types | CC1148 CC1149 |
| | 16. Yogurt with active Lactobacillus all types | CC1150 CC1151 |
| | 17. Other type of cultured milk (kefir) | CC1152 CC1153 |
| | 18. Other | CC1154 CC1155 |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

This is a measure of intake of water, caffeine and organic beverage.

4. Revision during the data collection period:

Version A does not contain questions 108, 109; items 4, 14-18, 9-Decaffeinated, 12-Organic, 13-Organic of question 110 .

111-115. Alcohol

1. Name of original questions: Questions about alcohol consumption and change of drinking habits

| Q | | Response options | Variable name |
|------------|--|--|---------------|
| 111 | How often did you consume alcohol before and how often do you consume it now? | | |
| | Last 3 months before last period | 1-Roughly 6-7 times a week 2-Roughly 4-5 times a week | CC1156 |
| | <i>In this pregnancy, week 0-12</i> | 3-Roughly 2-3 times a week 4- Roughly once a week | CC157 |
| | In this pregnancy, week 13-24 | 5- Roughly 1-3 times a week 6-Less than once a month | CC1158 |
| | In this pregnancy, week 25+ | 7-Never | CC1159 |
| 112 | In the period just before you became pregnant and during this pregnancy, how many times have you consumed 5 units or more of alcohol? | | |
| | Last 3 months before last period | 1) Several times a week 2) Once a week | CC1160 |
| | In this pregnancy, week 0-12 | 3) 1-3 times a week | CC1161 |
| | In this pregnancy, week 13-24 | 4) Less than once a month | CC1162 |
| | In this pregnancy, week 25+ | 5) Never | CC1163 |
| 113 | How many units do you usually drink when you consume alcohol? | | |
| | Last 3 months before last period | 1) 10 or more 2) 7-9 | CC1164 |
| | In this pregnancy, week 0-12 | 3) 5-6 4) 3-4 | CC1165 |
| | In this pregnancy, week 13-24 | 5) 1-2 | CC1166 |
| | In this pregnancy, week 25+ | 6) Less than 1 | CC1167 |
| 114 | If you have changed your drinking habits before this pregnancy, when did the change occur? | | |
| | Last 3 months before last period | | CC1168 |
| | During pregnancy weeks 0-6 | 1-Reduced intake | CC1169 |
| | During pregnancy weeks 7-12 | 2-Increased intake | CC1170 |
| | During pregnancy weeks 13-24 | | CC1171 |
| | After pregnancy week 25 | | CC1172 |
| 115 | If you have modified your consumption of alcohol, how important were the following factors? | | |
| | Nausea, discomfort | 1-Not relevant | CC1173 |
| | Altered taste | 2-Not very important | CC1174 |
| | For the baby's sake | 3-Quite important | CC1175 |
| | Depression/problems | 4-Important | CC1176 |
| | Other reasons | 5-Very important | CC1177 |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

Questions were developed for MoBa to measure alcohol intake and to survey change of drinking habits of pregnant women.

4. Revision during the data collection period:

No revisions have been made.

You and your life now

116-119. Civil Status and Social Support

1. Name of original questions: Questions about civil status and social support

| Q | Response options | Variable name |
|-----|---|---------------|
| 116 | What is your current civil status? | |
| | 1-Married 2-Cohabiting 3-Single 4-Divorced/separated 5-Widowed 6-Other | CC1178 |
| 117 | Do you have anyone other than your husband/partner you can ask for advice in a difficult situation? | |
| | 1- No 2- Yes, 1 or 2 people 3-Yes, more than 2 people | CC1179 |
| 118 | How frequently do you meet or talk on the telephone with your family (other than your husband/partner and children) or close friends? | |
| | 1) Once a month or less 2) 2-8 times a month 3) More than twice a week | CC1180 |
| 119 | Do you often feel lonely? | |
| | 1-Almost never 2-Seldom 3-Sometimes 4-Usually 5-Almost always | CC1181 |

2. Description of original questions: MoBa specific questions

Psychometric Information:

Not relevant

Primary citation/ base reference:

Not relevant

3. Rationale for choosing the questions:

Social support and social relations are related to personal health and happiness (see Reblin & Uchino, 2008 for a review).

4. Revision during the data collection period:

No revisions have been made.

Added reference:

Reblin, MA & Uchino BN. 2008. Social and emotional support and its implication for health. *Current Opinion in Psychiatry*, 21(2): 201–205

120-121. Feelings Related to Childbirth

1. Name of original questions: Questions about past experience and feelings related to childbirth

| Q | | Response options | Variable name |
|-----|---|---|---------------|
| 120 | If you have given birth before, in general, how was the experience of giving birth? | | |
| | | 1-Very good 2-Good 3-Alright 4-Bad 5-Very bad | CC1182 |
| 121 | Do you agree or disagree with the following statements relating to the forthcoming birth of your baby? | | |
| | 1. I want to give birth as naturally as possible without painkillers or intervention | | CC1183 |
| | 2. I am really dreading giving birth | | CC1184 |
| | 3. I want to have enough medication so that the birth will be painless | 1-Agree completely | CC1185 |
| | 4. I want to have an epidural regardless | 2-Agree | CC1186 |
| | 5. I want to have an epidural if the midwife agrees | 3-Agree somewhat | CC1187 |
| | 6. If I could choose I would have a caesarean | 4-Disagree somewhat | CC1188 |
| | 7. I think the woman herself should decide whether or not to have a caesarean | 5-Disagree | CC1189 |
| | 8. I worry all the time that the baby will not be healthy or normal | | CC1190 |
| | 9. I am really looking forward to the baby coming | | CC1191 |

2. Description of original questions: MoBa specific single questions

These questions were developed to survey pregnant women's feelings related to childbirth. Five response categories range from agree completely to disagree.

Psychometric Information:

No psychometric information has been found.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

Feelings about childbirth, in particular prenatal anxiety, are associated with developmental outcome in infancy (e.g. Huizink, et al. 2002).

4. Revision during the data collection period:

No revisions have been made.

Added reference

Huizink AC. de Medina PG. Mulder EJ. Visser GH. Buitelyr JK. 2002. Psychological measures of prenatal stress as predictors of infant temperament. *Journal of the American Academy of Child & Adolescent Psychiatry* 41(9):1078-85.

122. Partner Relationship

1. Name of original scale: The Relationship Satisfaction Scale (RSS)

| Q | | Response options | Variable name |
|-----|---|-----------------------|---------------|
| 122 | How well do these statements describe your relationship? | | |
| | 1. I have a close relationship with my spouse/partner | | CC1192 |
| | 2. My partner and I have problems in our relationship | 1-Agree completely | CC1193 |
| | 3. I am very happy with our relationship | 2-Agree | CC1194 |
| | 4. My partner is generally understanding | 3-Agree somewhat | CC1195 |
| | 5. I often consider ending our relationship | 4-Disagree somewhat | CC1196 |
| | 6. I am satisfied with my relationship with my partner | 5-Disagree | CC1197 |
| | 7. We frequently disagree on important decisions | 6-Disagree completely | CC1198 |
| | 8. I have been lucky in my choice of a partner | | CC1199 |
| | 9. We agree on how our child should be raised | | CC1200 |
| | 10. I believe my partner is satisfied with our relationship | | CC1201 |

2. Description of original instrument: The Relationship Satisfaction Scale (RSS)

The RSS is a 10-item scale developed originally in Norwegian for the MoBa. The scale is based on core items used in previously developed measures of marital satisfaction and relationship quality (e.g. Blum & Mehrabian, 1999; Henrick, 1988; Snyder, 1997). All answers are scored on a 6-point scale from ‘strongly agree’ (1) to ‘strongly disagree’ (6).

Psychometric Information:

Internal reliability of the RS10 is high (alpha: .85-.90). Confirmatory factor analyses provide evidence for a unidimensional structure, high loadings and good fit. The RSS correlates .92 with the Quality of Marriage Index (QMI: Norton, 1983). Predictive validity is evidenced by ability to predict future break-up/divorce and life satisfaction (Dyrdal et al., 2011; Røysamb, et al., 2013; Røysamb, Vittersø & Tambs, 2014). The 5-item short version (RS5) was empirically derived by identifying the best items in terms of accounting for variance in the full sum-score index. Multiple regression and factor analyses were used (Røysamb, Vittersø & Tambs, 2014). The short version correlates .97 with the full scale.

Base References/Primary Citations:

Blum, J. & Mehrabian, A. (1999). Personality and temperament correlates of marital satisfaction. *Journal of Personality* 67 (1): 93-125.

Dyrdal, G.M., Røysamb, E., Nes, R. B. & Vittersø, J. (2011). Can a happy relationship predict a happy life? A population-based study of maternal well-being during the life transition of pregnancy, infancy, and toddlerhood. *Journal of Happiness Studies* 12(6): 947- 962.

Gustavson, K., Nilsen, W., Ørstavik, R. & Røysamb, E. (2014). Relationship quality, divorce, and well-being: Findings from a three-year longitudinal study. *The Journal of Positive Psychology* 9(2): 163-174.

Henrick, S. S. (1988). A generic measure of relationship satisfaction. *Journal of Marriage and the Family* 50: 93-98.

Norton, R. (1983). Measuring marital quality: A critical look at the dependent variable. *Journal of Marriage and the Family* 45: 141-151.

Røysamb, G-M. B., Slinning, K., Røysamb, E. & Tambs, K. (2013). Relationship dissatisfaction and other risk factors for future relationship dissolution: a population-based study of 18,523 couples. *Social Psychiatry and Psychiatric Epidemiology* 49(1): 109-119.

Røysamb, E., Vittersø, J. & Tambs, K. (2014). The Relationship Satisfaction scale: Psychometric properties. *Norwegian Journal of Epidemiology [Norsk Epidemiologi]* 24(1-2): 187-194.

Snyder, D. K. (1997). *Marital Satisfaction Inventory–Revised (MSI-R) Manual*. Los Angeles: Western Psychological Services.

3. Rationale for choosing the questions:

Partner relationship is considered a central aspect of family life. Relationship satisfaction is both an outcome *per se* and a potentially important predictor of mental health, well-being, divorce, and child-rearing.

4. Revision during the data collection period:

No revisions have been made.

123. Depression/Anxiety during this Pregnancy

1. Name of original scale: Selective items from the (Hopkins) Symptoms Checklist-25 (SCL-25)

| Q | | Response options | Variable name |
|-----|--|---------------------|---------------|
| 123 | Have you been bothered by any of the following during the last two weeks? | | |
| | 1. Feeling fearful | | CC1202 |
| | 2. Nervousness or shakiness inside | | CC1203 |
| | 3. Feeling hopeless about the future | | CC1204 |
| | 4. Feeling blue | 1-Not bothered | CC1205 |
| | 5. Worrying too much about things | 2-A little bothered | CC1206 |
| | 6. Feeling everything is an effort | 3-Quite bothered | CC1207 |
| | 7. Feeling tense or keyed up | 4-Very bothered | CC1208 |
| | 8. Suddenly scared for no reason | | CC1209 |

2. Description of original instrument: The Hopkins Symptoms Checklist-25 (SCL-25)

The Hopkins Symptoms Checklist with 90 items (SCL-90) measures several types of symptoms of mental disorders, two of which are anxiety and depression. The instrument was originally designed by Derogatis, Lipman & Covi (1973) at Johns Hopkins University. The SCL-25 was derived from the SCL-90 and measures symptoms of anxiety (10 items) and depression (15 items) (Hesbacher et al, 1980). Eight of the selected items in this section constitute the short version SCL-8 (Tambs & Røysamb, 2014). Four items (i.e. 1, 2, 7 & 8) capture symptoms of anxiety and four items (i.e. 3, 4, 5 & 6) tap symptoms of depression. The scale for each question includes four categories of response ("not bothered," "a little bothered," "quite bothered," "very bothered," rated 1 to 4, respectively).

Psychometric Information:

A concordance rate of 86.7% was demonstrated between the assessment by the physician and the patient's own rating of distress on the SCL-25 (Hesbacher, et al., 1980). Using and available data material (Tambs & Moum, 1993), the SCL-8 scores were estimated to correlate 0.94 with the total score from the original instrument. The correlations between the SCL-8 anxiety and depression scores and the original anxiety and depression scores were 0.90 and 0.92, respectively (Tambs & Røysamb, 2014). The alpha reliability was estimated at 0.88, 0.78 and 0.82 for the SCL-8 total, anxiety and depression scores, respectively (Tambs & Røysamb, 2014).

Base References/Primary Citations:

Derogatis, L.R., Lipman, R.S. & Covi L. 1973. The SCL-90: an outpatient psychiatric rating scale. *Psychopharmacology Bulletin*, 9: 13-28.

Hesbacher PT, Rickels R, Morris RJ, Newman H, & Rosenfeld MD. 1980. Psychiatric illness in family practice. *Journal of Clinical Psychiatry*, 41: 6-10.

Strand, B.H., Dalsgard, O.S., Tambs, K., & Rognerud, M. 2003. Measuring the mental health status of the Norwegian population: A comparison of the instrument SCL-25, SCL-10, SCL-5 and MHI-5 (SF-36). *Nordic Journal of Psychiatry*, 57: 113-118.

Tambs, K. & Moum, T. 1993. How well can a few questionnaire items indicate anxiety and depression? *Acta Psychiatrica Scandinavica*, 87: 364-367.

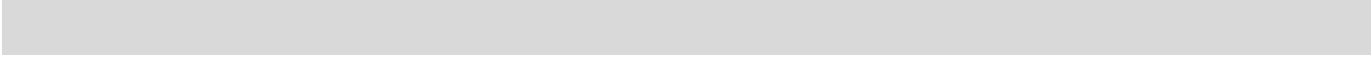
Tambs, K. & Røysamb E. 2014. Selection of questions to short-form versions of original psychometric instruments in MoBa. *Norsk Epidemiologi* 24:195-201.

3. Rationale for choosing the questions:

Symptom Check List and its short versions have proven to be a brief, valid and reliable measure of mental distress (Tambs & Moum, 1993).

4. Revision during the data collection period:

Version A does not include items 6-8. No further revisions have been made.



124. Emotion: Enjoyment and Anger

1. Name of original scale: Differential Emotional Scale (DES), Enjoyment and Anger Subscales

| Q | | Response options | Variable name |
|-----|---|-------------------|---------------|
| 124 | How often do you experience the following in your everyday life? | | |
| | 1. Feel glad about something | 1-Rarely or never | CC1210 |
| | 2. Feel happy | 2-Hardly ever | CC1211 |
| | 3. Feel joyful, like everything is going your way, everything is rosy | 3-Sometimes | CC1212 |
| | 4. Feel like screaming at somebody or banging on something | 4-Often | CC1213 |
| | 5. Feel angry, irritated, annoyed | 5-Very often | CC1214 |
| | 6. Feel mad at somebody | | CC1215 |

2. Description of original instrument: The Differential Emotional Scale (DES)

The Differential Emotional Scale (DES; Izard, *et al.*, 1993) derives from Izard's (1971) differential emotions theory. The DES consists of a series of subscales that capture various emotions. It is formulated around a thirty/forty-two-item adjective checklist, with three adjectives of each of the emotions. The DES has been developed through cross-cultural research and is thus considered to be emotion-specific. The scale comes in four forms. The items in this section were selected from Enjoyment and Anger subscales from DES-IV, which consists of 12 discrete subscales (Interest, Enjoyment, Surprise, Sadness, Anger, Disgust, Contempt, Fear, Shame, Shyness, and Guilt, Hostility Inward). Each item is administered on a 5-point (rarely/never to very often) scale.

Psychometric Information:

Construct validity of the DES has been documented for the different versions, including DES-IV (see e.g. Blumberg & Izard, 1985; Kotsch, *et al.*, 1982). For DES-IV, Alpha coefficients range from .56 to .85 (mean = .74). Internal reliability is .83 for Enjoyment and .85 for Anger (Izard *et al.*, 1993).

Base References/Primary Citations:

Izard, C.E., Libero, D.Z., Putnam, P., & Haynes, O. (1993). Stability of emotion experiences and their relations to traits of personality. *Journal of Personality and Social Psychology* 64(5): 847-860.

Blumberg, S. H., & Izard, C. E. 1985. Affective and cognitive characteristics of depression in 10- and 11-year-old children. *Journal of Personality and Social Psychology* 49:194-202.

Izard, C. E. (1971). *The Face of Emotion*. New York, NY: Appleton-Century-Crofts.

Kotsch, W.E., Gerbing, D.W., and Schwartz, L.E. (1982). The construct validity of the Differential Emotional Scale as adapted for children and adolescents. In C.E. Izard (Ed.), *Measuring emotions in infants and children* (Vol. 1, pp. 251-278). Cambridge, England: Cambridge University Press.

3. Rationale for choosing the questions:

Enjoyment and anger represent basic emotional tendencies, typically not covered in symptom scales of mental health problems. The enjoyment sub-scale captures positive affect, considered a component of subjective well-being, and the anger sub-scale measures activated negative emotions that are not covered by typical symptom scales of distress.

4. Revision during the data collection period:

This section is not included in version A. No further revisions have been made.

125. Self-efficacy

1. Name of original scale: The General Self-Efficacy Scale (GSE)

| Q | | Response options | Variable name |
|-----|---|------------------------------------|---------------|
| 125 | How well do these statements describe you? | | |
| | 1. I can always manage to solve difficult problems if I try hard enough | | CC1216 |
| | 2. If someone opposes me, I can find the means and ways to get what I want | 1-Not at all true 2-Hardly true | CC1217 |
| | 3. I am confident that I could deal efficiently with unexpected events | 3-Moderately true | CC1218 |
| | 4. I can remain calm when facing difficulties because I can rely on my coping abilities | 4-Exactly true | CC1219 |
| | 5. If I am in trouble, I can think of a good solution | | CC1220 |

2. Description of original instrument: The General Self-Efficacy scale (GSE)

The General Self-Efficacy scale is a 10-item psychometric scale that is designed to assess optimistic self-beliefs to cope with a variety of difficult demands in life. The scale has been originally developed in German by Matthias Jerusalem and Ralf Schwarzer in 1979, and later revised and adapted to many other languages by various co-authors (e.g Schwarzer et al., 1997; Leganger, et al., 2000). A 5-item short version (Tambs & Røysamb, 2014) is used in MoBa. Responses were reported on a 4-point scale ranging from (1) = Not at all true, to (4) = Exactly true.

Psychometric Information:

In samples from 25 nations, Cronbach's alphas ranged from .75 to .91, with the majority in the high .80s. The scale is unidimensional (Scholz, et al., 2002). Criterion-related validity is documented in numerous correlation studies (Schwarzer & Born, 1997; Scholz, et al., 2002), where positive coefficients were found with favorable emotions, and negative coefficients were found with depression, anxiety, stress, burnout, and health complaints. The construct validity of GSE was also supported in a Norwegian study (Leganger, et al., 2000). The 5 items in the short version were chosen after regression analyses based on a sample of N>1500. The short version had alpha of .78, and correlated .96 with the full scale (multiple R²=.92). Internal consistency of the short version based on the MoBa data was alpha=.83 (Ystrom, et al., 2008)

Base References/Primary Citations:

Tambs, K. & Røysamb E. 2014. Selection of questions to short-form versions of original psychometric instruments in MoBa. *Norwegian Journal of Epidemiology [Norsk Epidemiologi]* 24:195-201.

Leganger, A., Kraft, P. & Røysamb, E. 2000. Perceived self-efficacy in health behaviour research: conceptualisation, measurement and correlates. *Psychology and Health* 15: 51-69.

Scholz, U., Gutiérrez-Doña, B., Sud, S., & Schwarzer, R. 2002. Is general self-efficacy a universal construct? Psychometric findings from 25 countries. *European Journal of Psychological Assessment* 18(3): 242-251.

Schwarzer, R., & Born, A. 1997. Optimistic self-beliefs: Assessment of general perceived self-efficacy in thirteen cultures. *World Psychology*, 3(1-2): 177-190.

Schwarzer, R., Born, A., Iwawaki, S., Lee, Y.-M., Saito, E., & Yue, X. 1997. The assessment of optimistic self-beliefs: Comparison of the Chinese, Indonesian, Japanese and Korean versions of the General Self-Efficacy Scale. *Psychologia: An International Journal of Psychology in the Orient* 40 (1): 1-13.

Ystrom E, Niegel S, Klepp K-I, Vollrath ME. 2008. The impact of maternal negative affectivity and self-efficacy on breastfeeding: The Norwegian Mother and Child Cohort Study (MoBa). *The Journal of Paediatrics* 152(1):68-72.

3. Rationale for choosing the questions:

Self-efficacy is considered to be an important determinant of behavioural change. The GSE has been used internationally with success for two decades, and is suitable for a broad range of applications.

4. Revision during the data collection period:

No revisions have been made.

126. Life Satisfaction

1. Name of original scale: The Satisfaction With Life Scale (SWLS)

| Q | | Response options | Variable name |
|-----|--|-------------------------------|---------------|
| 126 | Do you agree or disagree with the following statements? | | |
| | 1. In most ways my life is close to my ideal | 1- Strongly disagree | CC1224 |
| | 2. The conditions of my life are excellent | 2- Disagree | CC1225 |
| | 3. I am satisfied with my life | 3- Slightly disagree | CC1226 |
| | 4. So far I have gotten the important things I want in life | 4- Neither agree nor disagree | CC1227 |
| | 5. If I could live my life over, I would change almost nothing | 5- Slightly agree | CC1228 |
| | | 6- Agree | |
| | | 7- Strongly agree | |

2. Description of original instrument: Satisfaction With Life Scale (SWLS)

The SWLS (Diener et al., 1985) is a 5-item instrument designed to measure global cognitive judgments of satisfaction with one's life. All answers are scored on a 7-point scale from 'strongly disagree' (1) to 'strongly agree' (7).

Psychometric Information:

Internal consistency (Cronbach's alpha) for the SWLS is between .79 and .89. Test-retest coefficients are between .84 and .54, with the decline of stability of the scale over longer periods. The SWLS demonstrates adequate convergence with related measures ($r=.28-.82$), and it has been shown to have potential as a cross-cultural index of life satisfaction (Diener et al., 1985; Pavot & Diener, 1993; Pavot, et al., 1993; Shigehiro, 2006; Vittersø, Røysamb & Diener, 2002).

Base References/Primary Citations:

Diener, E., Emmons, R. A., Larsen, R. J., & Griffin, S. (1985). The Satisfaction With Life Scale. *Journal of Personality Assessment* 49: 71-75.

Pavot, W., & Diener, E. (1993). Review of the Satisfaction With Life Scale. *Psychological Assessment*, 5, 164-172.

Pavot, W., Diener, E., Colvin, R., & Sandvik, E. (1991). Further validation of the Satisfaction with Life Scale: Evidence for the cross-method convergence of self-report well-being measures. *Journal of Personality Assessment* 57: 149-161.

Shigehiro, O. (2006). The concept of life satisfaction across culture: An IRT analysis. *Journal of Research in Personality* 40(4): 411-423.

Vittersø, J., Røysamb, E., & Diener, E. (2002). The concept of life satisfaction across cultures: Exploring its diverse meaning and relation to economic wealth. In E. Gullone & R. Cummins (Eds.), *The universality of subjective wellbeing indicators. A multidisciplinary and multi-national perspective* (pp. 81-103). Dordrecht, the Netherlands: Kluwer Academic Publishers.

3. Rationale for choosing the questions:

The Satisfaction With Life Scale is a well-established measure of life satisfaction.

4. Revision during the data collection period:

No revisions have been made.

127. Self Esteem

1. Name of original Scale: The Rosenberg Self-Esteem Scale (RSES)

| Q | | Response options | Variable name |
|-----|---|---------------------|---------------|
| 127 | How do you feel about yourself? | | |
| | 1. I have a positive attitude toward myself | 1-Strongly agree | CC1229 |
| | 2. I feel completely useless at times | 2-Agree | CC1230 |
| | 3. I feel that I do not have much to be proud about | 3-Disagree | CC1231 |
| | 4. I feel that I am a valuable person, as good as anyone else | 4-Strongly disagree | CC1232 |

2. Description of original Instrument: The Rosenberg Self-Esteem Scale (RSES)

The RSES (Rosenberg, 1965; 1986) is a 10-item scale, intended to measure global self-esteem. In the original version, half of the items are positively worded, while the other half negatively worded. Four of the selected items in this section constitute the short version of RSES (Tambs, 2004). Four response categories range from strongly agree to strongly disagree.

Psychometric Information:

Test-retest reliability ranges from .82 to .88. Cronbach's alpha ranges from .77 to .88 (Blascovich & Tomaka, 1993; Rosenberg, 1986). Alpha-reliability for the whole 10-item scale was .88 in a Norwegian sample of 250 youths (Ystgyrd, 1993). The four-item short version correlated .95 with the score based on the original 10-item scale, and the alpha reliability was estimated at .80 (Tambs, 2004).

Base References/Primary Citations:

Blascovich, J. & Tomaka, J. (1991). Measures of self-esteem. *Measures of personality and social psychological attitudes* 1:115-160.

Robinson, P.R. Shaver, and L.S. Wrightsman (eds.) (1991). *Measures of Personality and Social Psychological Attitudes (Third edition)*. Ann Arbor: Institute of Social Research.

Rosenberg, M. (1986). *Conceiving the Self*. Krieger: Malabar, FL.

Rosenberg, M. (1965). *Society and the Adolescent Self-image*. New Jersey: Princeton University Press.

Tambs, K. (2004). Valg av spørsmål til kortversjoner av etablerte psykomtriske instrumenter. Ed. I. Sandanger, G. Ingebrigtsen, J.F. Nygård and K. Sørgyrd. *Ubevisst sjeloliv og bevisst samfunnsliv. Psykisk hele i en sammenheng. Festskrift til Tom Sørensen på hans 60-års dag*, 217-229. Nittedal: Nordkyst Psykiatrisk AS.

Ystgyrd, M. (1993). *Sårbar ungdom og sosialt støtte. En tilnærming til forebygging av psykisk stress og selvmord*. Oslo: Senter for sosialt nettverk og helse.

3. Rationale for choosing the questions:

The Rosenberg Self-Esteem Scale is one of the most widely used self-esteem measures in social science research.

4. Revision during the data collection period:

No revisions have been made.

128. Adverse Life Events

1. Name of original questions: 9 questions about adverse life events

| Q | Response options & variable name | |
|-----|---|---|
| 128 | Have you experienced any of the following during the last 12 months? If yes, how painful or difficult was it for you? | |
| | 1-No 2-Yes | If yes: 1-Not too bad 2-Painful/difficult 3-Very painful/difficult |
| | 1. Have you had problems at work or where you study? | CC1233 CC1234 |
| | 2. Have you had financial problems? | CC1235 CC1236 |
| | 3. Have you been divorced, separated or ended the relationship with your partner? | CC1237 CC1238 |
| | 4. Have you had any problems or conflicts with your family, friends or neighbors? | CC1239 CC1240 |
| | 5. Have you been seriously ill or injured? | CC1241 CC1242 |
| | 6. Has anyone close to you been seriously ill or injured? | CC1243 CC1244 |
| | 7. Have you been involved in a serious traffic accident, house fire or robbery? | CC1245 CC1246 |
| | 8. Have you lost someone close to you? | CC1247 CC1248 |
| | 9. Other | CC1249 CC1250 |

2. Description of original questions: Adverse Life Events

These questions were selected primarily because of their relevance to the population in general, partly due to their relevance to women with small children. The questions are inspired by a list adopted from Coddington (1972), which was directed at children from preschool to senior high school. The questions in this section were adapted to adult respondents.

Psychometric Information:

No relevant psychometric information has been found.

Base Reference/Primary Citation:

Coddington, R.D. 1972. The significance of life events as etiologic factors in the diseases of children II: A study of a normal population. *Journal of Psychosomatic Research* 16: 205-213

3. Rationale for choosing the questions:

The selected questions were chosen because they were believed to address life events that supposedly affect pregnant women and her family.

4. Revision during the data collection period:

No revisions have been made.

129. Experiences of Physical and Sexual Assaults

1. Name of original questions: Questions about experiences of physical and sexual assaults

| Q | Response options & variable name | | | | | | | |
|-----|--|--------------|-------------------------------------|----------------------------------|--|--------|--------|---|
| 129 | Have you ever experienced any of the following? | | | | | | | |
| | | No, never | Yes, as a child (under 18) | Yes, as an adult (over 18) | <i>Who was responsible for this?</i> 1-A stranger 2-Family or relative 3-Another known person | | | <i>Has this occurred during the last year?</i> 1-No 2-Yes |
| | 1. Someone has over a long period of time systematically tried to subdue, degrade or humiliate you | CC1251 | CC1252 | CC1253 | CC1254 | CC1255 | CC1256 | CC1257 |
| | 2. Someone has threatened to hurt you or someone close to you | CC1258 | CC1259 | CC1260 | CC1261 | CC1262 | CC1263 | CC1264 |
| | 3. You have been subjected to physical abuse | CC1265 | CC1266 | CC1267 | CC1268 | CC1269 | CC1270 | CC1271 |
| | 4. You have been forced to have sexual intercourse | CC1272 | CC1273 | CC1274 | CC1275 | CC1276 | CC1277 | CC1278 |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

This is a measure of pregnant women's experiences of physical and/or sexual assaults. History of abuse before and during pregnancy supposedly affects the health of both pregnant women and the developing baby.

4. Revision during the data collection period:

No revisions have been made.

Miscellaneous

130. Exposure to Illness during Pregnancy

1. Name of original questions: Questions about exposure to illness

| Q | Response options & variable name | | | | | |
|-----|--|-----------------------------|------------------------------------|--------|--------|--------|
| 130 | Has anyone living with you had any of the following illnesses during this pregnancy? | | | | | |
| | | <i>Having this illness?</i> | <i>In which week of pregnancy?</i> | | | |
| | | | 0-9 | 10-19 | 20-29 | 30+ |
| | 1. Influenza | CC1279 | CC1280 | CC1281 | CC1282 | CC1283 |
| | 2. Childhood diseases (fever or rash) | CC1284 | CC1285 | CC1286 | CC1287 | CC1288 |
| | 3. Prolonged cough | CC1289 | CC1290 | CC1291 | CC1292 | CC1293 |
| | 4. Other infectious disease | CC1294 | CC1295 | CC1296 | CC1297 | CC1298 |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

This is a measure of pregnant women's exposure to illness at home, which can be a risk factor for the developing baby.

4. Revision during the data collection period:

No revisions have been made.

131-133. Family History of Cot Death

1. Name of original questions: Questions about family history of cot death

| Q | Response options & variable name | | | |
|------------|--|-------------------------|--------------------|---------|
| 131 | Have there been any instances of cot death in your family or your partner's family? | | | |
| | No | | | CC1299 |
| | Don't know | | | CC1300 |
| | Yes, in my family | | | CC1301 |
| | Yes, in the baby's father's family | | | CC1302 |
| 132 | The child that died of cot death in my family was: | | | |
| | | <i>The child was...</i> | <i>Child's sex</i> | |
| | | | Boy | Girl |
| | | | | Unknown |
| | 1. My sister | CC1303 | | |
| | 2. My brother | CC1304 | N/A | N/A |
| | 3. My sister's child | CC1305 | CC1306 | CC1307 |
| | 4. My brother's child | CC1308 | CC1309 | CC1310 |
| | 5. My mother's sibling | CC1311 | CC1312 | CC1313 |
| | 6. My father's sibling | CC1315 | CC1316 | CC1317 |
| | 7. Other | CC1319 | N/A | |
| 133 | The child that died of cot death in the baby's father's family was: | | | |
| | | <i>The child was...</i> | <i>Child's sex</i> | |
| | | | Boy | Girl |
| | | | | Unknown |
| | 1. Baby's father's sister | CC1320 | | |
| | 2. Baby's father's brother | CC1321 | N/A | N/A |
| | 3. Baby's father's sister's child | CC1322 | CC1323 | CC1324 |
| | 4. Baby's father's brother's child | CC1325 | CC1326 | CC1327 |
| | 5. Baby's paternal grandmother's sibling | CC1328 | CC1329 | CC1330 |
| | 6. Baby's paternal grandfather's sibling | CC1332 | CC1333 | CC1334 |
| | 7. Other | CC1336 | N/A | |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

These questions were developed to survey the family history of cot death, both in pregnant women's family and in the family of the baby's father.

4. Revision during the data collection period:

The question about the baby's sex is not asked in version A. No further revisions have been made.

134-139. Experience of Loss of a Child

1. Name of original questions: Questions about experience of loss of a child

| Q | | Response options | Variable name |
|-----|--|---|-----------------------|
| 134 | Have you ever lost a child? | 1- No 2-Yes | CC1337 |
| 135 | If yes, what was the cause of death and when did the death occur? | | |
| | 1. Stillbirth (Birth after the 16 th week of pregnancy) | | CC1338 |
| | 2. Cot death | | CC1339 |
| | 3. Accident | | CC1340 |
| | 4. Illness/birth defect | | CC1341 |
| | 5. Which illness/birth defect _____ | | CC1342 CC1425(txt) |
| | 6. Other | | CC1343 |
| | The death occurred at year: | Number 0-9999 | (1) CC1344 (2)CC1347 |
| | Child age: Year | Number 0-99 | (1) CC1345 (2)CC1348 |
| | Month | Number 0-99 | (1) CC1346 (2)CC1349 |
| 136 | Did you receive counselling from healthcare staff or other persons after the death? How many sessions did you have with healthcare staff, and/or parent support group, family and friends? How many weeks did you receive support? | | |
| | No. of meetings with healthcare staff | Number 0-99 | CC1350 |
| | No. of meetings with parent support group, family, friends | Number 0-99 | CC1351 |
| | No. of sessions via telephone with healthcare staff | Number 0-99 | CC1352 |
| | No. of sessions via telephone with parent support group, family, friends | Number 0-99 | CC1353 |
| | Weeks of support from healthcare staff | Number 0-99 | CC1354 |
| | Weeks of support from parent support group, family, friends | Number 0-99 | CC1355 |
| 137 | Do you feel that the follow -up you received after your child's death was adequate? | | |
| | | 1-No follow-up was provided 2-Very good 3-Good enough 4-Should have been better 5-Bad | CC1356 |
| 138 | Has the death made you more anxious during this pregnancy? | | |
| | | 1-No, not at all 2-No, not very much 3-Yes, to a fair extent 4-Yes, very much | CC1357 |
| 139 | Do you feel that the health care staff at the antenatal clinics took into consideration this painful experience in their contact with you? | | |
| | | 1-Yes, very much 2-Yes, to a fair extent 3-No, not at all | CC1358 |

2. Description of original questions: MoBa specific single questions

Psychometric Information:

Not relevant.

Base References/Primary Citations:

Not relevant.

3. Rationale for choosing the questions:

The loss of a child is the most devastating experience a parent can face, and may have long-term effect on the women' health.

4. Revision during the data collection period:

Items 1-6 about of question 135 about the cause of death are not included in version A.